



CMSA's U12 and U13 League

Goals of the U12 and U13 League

CMSA's league offering for the **U12 and U13 League** aims to have quality programming for youth at all ages, stages of development, and interest/commitment levels. CMSA welcomes experienced and novice players into any of our clubs to continue or begin their soccer journey. Our U12 and U13 leagues operate in alignment with [Long-Term Player Development \(LTPD\) Standards](#) and would be a part of Stage 3 – Learn to Train (U12) and Stage 7 – Soccer for Life (U13 – Community and Competitive).

CMSA advocates for equitable playing time for all players regardless of Tier in these ages. A balance of skill level and commitment should be considered when tiering players. CMSA recommends the following considerations to ensure that players and families are placed in the appropriate program:

Tier I and Tier II Considerations



More developed players

For players who are more developed and experienced in the game of soccer



Year-round soccer participation

For players who are more likely to play year-round and/or have soccer as their primary activity



Increased weekly commitment*

For families committed to 3 or more soccer activities each week (training and a match)

Tier III and Tier IV Considerations



More entry-level players

For recreational players and/or players who are entering the sport for the first time



Seasonal or multi-sport athletes

For multi-sport athletes interested in seasonal participation or a variety of activities



Decreased weekly commitment*

For families committed to less than 3 soccer activities each week (training and a match)

**Typical commitment level, will vary from Club-to-Club*

League Structure

	U12	U13
Per Player Fee	\$239.25	\$244.50
Program	Tier I, II, III, IV, V, VI, VII	Tier I, II, III, IV, V, VI,
Format	7v7 including GK	7v7 including GK
Season Dates	October 14, 2025 – March 1, 2026	October 14, 2025 – March 5, 2026
Winter Break	Dec. 22 – Jan. 2	Dec. 22 – Jan. 2
Play Dates	May play any day of the week	May play any day of the week
Game Length	2 x 25 min. halves	2 x 30 min. halves
Post Season	N/A	Challenge Cup (Final 4) – March 6 – 8, 2026 ASA Provincials – March 13 – 15, 2026
Standings	No scores or standings posted	Scores and standings posted
Fields	Supplied by CMSA	Supplied by CMSA
Referees	Scheduled and paid by CMSA	Scheduled and paid by CMSA
Min/Max Roster Sizes	Min 11 - Max 20	Min 11 - Max 20
Roster Composition	Ability Based	Ability Based