



YOUTH INDOOR SOCCER RULES

Match Format

- Duration: two (2) halves of 20 minutes
- Halftime: 3 minutes
- NO overtime

Substitutions

- Allowed at any stoppage with referee permission

Fouls & Infractions (Based on LOTG*)

- NO offside
- NO slide tackling
- Kick-in (NO throw-ins)
 - Ball must be stationary
 - Cannot score directly from a kick-in
 - Opposition player must be four (4) yards away from the ball
- Corner Kicks (can score directly)
- Ceiling contact: Indirect free-kick from the spot it hit the ceiling
- Fouls in the arc result in a penalty kick (penalty kicks taken from the top of the arc).

Cards & Misconduct

- LOTG* Apply (Laws of the game)
- Red Card: player is dismissed from the game and teams plays a player down for the remainder of the game.
- Yellow Card: two (2) yellow cards in the same game = one (1) Red card.
- Conduct is tracked throughout the season.
- The league has the right to implement additional sanctions based on extremely or consistent misconduct.
- **ALL DECISION MADE BY THE REFEREE ARE FINAL**

Goalkeeper Rules

- No punting / drop-kicking
- Ball may be placed on the ground and kicked (can pass half-field, but can not score directly)
- Goalkeepers can throw the ball
- Goalkeepers can use their hands inside the blue arc.
- Using hands outside the blue arc will result in a free-kick to the opposition team.

Rosters & Eligibility

- Roster must be turned in before the first game
- All players are required to complete the facility waiver (a parent or guardian must complete the waiver for individuals under the age of 18)
- Max roster size:
 - U7/U8: 8 Players
 - U9-U14: 16 Players
 - U15-U19: 18 Players

Number of Players

- U7/U8: 5v5
- U9-U14: 7v7 (*min 5 to start, 1 must be a GK*)
- U15-U19: 7v7 (*min 5 to start, 1 must be a GK*)
- *Guest players must be approved by staff prior to the start of the game.*
 - *Must complete the waiver*
 - *Must have proof of being correct age*

Ball Size

- Ball size:
 - U7/U8: Size 3 ball
 - U9-U12: Size 4 ball
 - U13-U19: Size 5 ball

Field Size

- 55 x 35 Yards (blue lines)

Player Equipment

- Home Team: Dark jersey
- Away Team: Light jersey (*away team changes if conflict*)
- Clothing: jersey, shorts and socks that cover shin guards.
- Shin guards
- Soccer cleats or running/tennis shoes
 - NO metal cleats
- NO jewelry

Sideline Expectation

- Players:
 - NO foul language
 - NO arguing with the refs
 - Demonstrate good sportsmanship at all times
- Coaches
 - Max 2 coaches on the sideline during games
 - If no coach, an adult must supervise
 - No foul language
 - No arguing with officials, opposition coaches or opposition players
- Spectators:
 - NO foul language
 - Do not shout at officials
- Foul language and/or aggressive behavior will not be tolerated
 - Offenders will be asked to leave the facility immediately.

Additional Notes

- Referee decisions are final
- Rules may be changed by IWSP at any time
- LOTG* - FIFA laws of the Game (with modifications listed to meet the needs of the facility and event)

