



Welcome!

Rush Union Update

We are reaching the midway point of the fall season, and it's been incredible to see the growth and energy across Rush Union. Our recreational program is at an all-time high, with more players than ever before taking the field in what has become our largest recreational season yet. It's exciting to see so many families engaged and players enjoying the game in record numbers.

Alongside league play, our additional programs are in full swing, giving players even more chances to get touches on the ball, develop their skills, and stay connected to the game. There's still time to sign up for these sessions, and we encourage families to take advantage of the opportunities available. Looking ahead, registration for winter programs is now open, with a wide range of options at both of our locations to keep players active through the colder months.

In addition, we are now offering mental strength training for our athletes through our partner ACG Mental Performance. This program provides tools and resources to help players develop resilience, focus, and confidence, important qualities both on and off the field.

Rush Union continues to play a role on the larger stage as well. Neil attended and presented at the Grassroots Symposium, where he shared ideas on growing the game below the pyramid. We were also proud to be featured as a contributor in the new Resource Hub created by the U.S. Soccer Forward Foundation, highlighting our ongoing commitment to helping shape the future of the sport. For more information on the Grassroots Symposium please visit: <https://www.usyouthsoccer.org/2025-us-youth-soccer-grassroots-symposium/> and for more information on the US Soccer Resource Hub please visit: [Soccer Forward | Resource Hub | U.S. Soccer Official Website](#)

This month also brought an unforgettable opportunity for 30 of our players, who participated in a VIP FIFA event designed to showcase the hospitality experience for the upcoming 2026 World Cup. Rush Union was the only club in Georgia invited to take part, making this a once-in-a-lifetime experience for our players. See below and on our social media handles for more information.

Closer to home, our adult leagues continue to grow, offering more opportunities for players of all levels to get involved and stay active. Referee development is also gaining momentum, with our new assignor in Milton doing a fantastic job getting things organized and building support for young referees.

Education has been another big focus this fall. We hosted a Positive Coaching Alliance parent workshop in late September, which provided valuable insight into creating the best environment for our athletes. In addition, Chris Panayiotou and I led U.S. Soccer coaching courses in Dunwoody, continuing to strengthen the knowledge and leadership of our coaching staff.

October 2025

R | U RUSH UNION R | U in?

November will bring our largest ever Rush Union Fall Cup, with more teams than ever before expected to attend. We are also excited to announce a new opportunity on the event side. In December, we are adding an adult tournament to our growing portfolio of events—another great chance for players to get involved and compete. For information on our adult tournament visit our tournament website: [Event Details - Rush Union Adult Cup](#)

It's been a busy and rewarding start to the fall, and we are looking forward to the remainder of the season.

Thank you for being a part of Rush Union. Together, we're building something special, not just better players, but better people. Let's keep pushing forward and building what comes next.

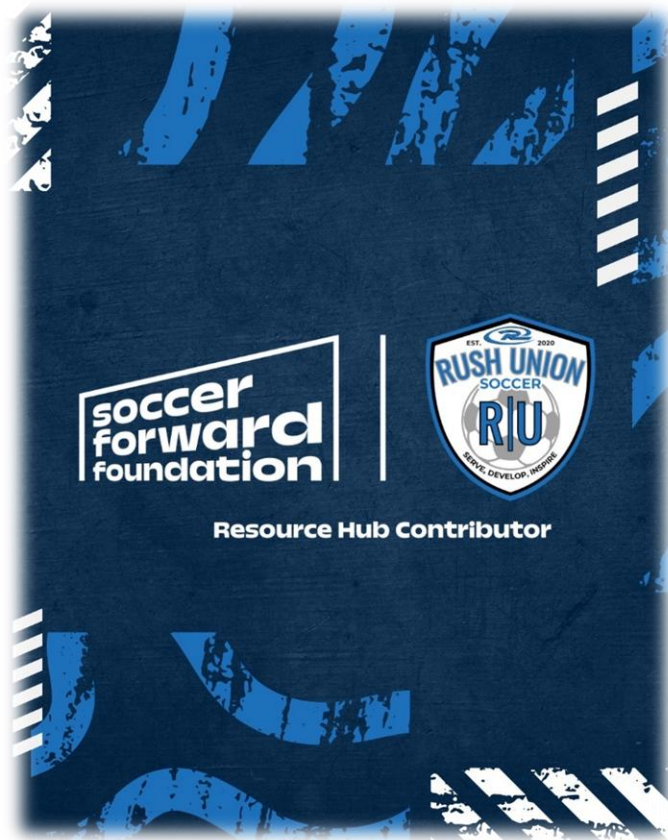
If you have any questions about Rush Union, our programs or anything soccer related please reach out to our staff at any time.

Thank you for being part of our Rush Union family. We look forward to seeing you back on the field soon.

R|U Ready?



Neil McNab Jr.
CEO Rush Union

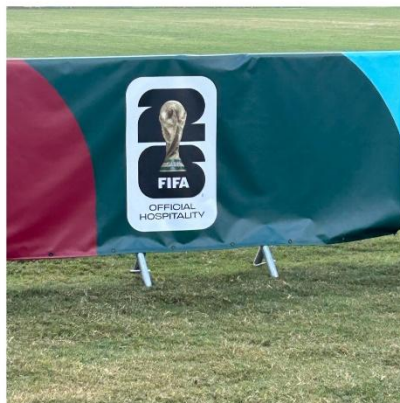


SERVE, DEVELOP, INSPIRE.



October 2025

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It was a very special moment for Rush Union and our players to be able to participate in the FIFA World Cup Hospitality experience at Piedmont Park

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OFFICIAL PARTNER:

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MENTAL PERFORMANCE

MIND LAB

NOW AVAILABLE:

Monthly live group mental
performance coaching sessions



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Please send any pictures, videos, and everything you captured during games and practices to help us promote better.

RCRUZ@RUSHUNIONSOCCKER.ORG

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7V7 AND 11V11 USSF GRASSROOTS COURSES



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MILTON 25/26



Boys & Girls (Academy/Select Level)
(U9/10, U11/12, U13/14, U15)
HIGH SCHOOL DIVISION

\$950 PER TEAM
5 Season Games Plus Playoffs
REGISTRATION OPEN ON SINC SPORTS OCTOBER 2ND

14295 Birmingham Hwy Milton, GA 30004



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The Grassroots Symposium in Kansas City was a big success!

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WINTER 7V7 LEAGUE

TEAMS U8-15



ALL GAMES AT BROOK RUN PARK ON TURF FIELDS

PLAY DATES: JANUARY 7, 10, 14, 17, 21, 24

\$800/TEAM

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NOVEMBER 15 & 16

ATLANTA

FALL CUP



 **ACG SPORTS**
MENTAL PERFORMANCE

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